Spiritual Evolution: How We Are Wired for Faith, Hope, and Love

By Vaillant, George

Harmony, 2009. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Praise for Spiritual Evolution "George Vaillant is a poet, a visionary, and a scientist. This book is the culmination of a fifty-year project that revolutionized our view of human development and now may revolutionize our view of religion and spirituality." Martin E. P. Seligman, Ph.D., author of Authentic Happiness and Learned Optimism "At lastan explanation of spirituality from an evolutionary perspective that does justice to both. With his tremendous breadth of experience and personal wisdom, George Vaillant is the perfect spiritual and scientific guide." David Sloan Wilson, author of Darwin's Cathedral "More than a scientific defense of faith, George Vaillant's book is a moving account of his own intellectual quest, through science, for a spiritual view of human evolution and experience. Clearly a labor of love and a needed antidote to recent attacks on religion. An important book." Melvin Konner, M.D., Ph.D., author of The Tangled Wing "Spiritual Evolution is a truly outstanding book, an exquisite weaving of science and spirituality focused on the positive emotions. The result is a wonderful synthesis of material leading to a compassionate and empowering conclusion about the...

Reviews

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-- Prof. Garett Schmitt

Complete guide for publication enthusiasts. I have read and i am sure that i will going to study again once again in the future. Your way of life period will be transform once you total looking over this publication.

-- Shayne O’Conner
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Maisy's Christmas Tree

Daycare Seen Through a Teacher's Eyes: A Guide for Teachers and Parents
America Star Books, United States, 2010. Paperback. Book Condition: New. Brand New Book ****. Print on Demand *****. Between the good mornings and the good nights it's what happens during the day I want the...

You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most
Sourcebooks, Inc. Paperback / softback. Book Condition: New. BRAND NEW. You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most, Patricia Hermes, Thirteen-year-old Sarah Morrow doesn't think much of the fact that her mother winced a little...
Spiritual Evolution. How We Are Wired for Faith, Hope, and Love. by George Vaillant. George Vaillant is a psychiatrist and Harvard professor who, for 35 years, led Harvard’s 70+ year Study of Adult Development. (You learn a thing or three when you follow the development of teenagers as they grew into great-grandparents.) In this book, he tells us that we can evolve spiritually. Leaning on his experience running Harvard’s study plus cultural anthropology, ethology and neuroscience, he walks us through the biological underpinnings of the positive emotions that make up our spirituality: faith, lo... How Stress Affects the Brain and Hampers Learning | Special Mom Advocate. Kids today are under so much more stress than the previous two generations, and it often shows up in difficulties at school. Oftentimes when the brain is stuck in a stress response, it is very difficult for the child to get out of it. The following infographic shows how the amygdala gets highjacked, or stuck â€¦ Special Mom Advocate Neuroplasticity. Pancho Villa Mysterious Universe Ufo Sighting Vietnam War Science Fiction Mystery Military Outdoor Engagements. Tumblr is a place to express yourself, discover yourself, and bond over the stuff you love. It's where your interests connect you with your people. Suzie Leach Whales! Spiritual Evolution is a life’s work, and it will restore our belief in faith as an essential human striving. ...more. Get A Copy. Amazon. It turns out that the reptiles are missing the limbic region that contains the brain's hard wiring for the most important things that make life worth living -- empathy and compassion and a willingness to care for people who are not our blood relatives. It's also the part of the brain that embraces the unselfish maternal care for the young (love, we could call it) and play (joy, we could call it) and the separation cry of babies for their parents. So the good news is that we mammals have moved up the evolutionary spiritual chain with the limbic region, but we still have the reptile&ap